

# Help with Health Care

Northern Michigan and  
Upper Peninsula

When you are no  
longer covered by an  
employer's plan.



Greater Detroit Area



Health Council, INC.

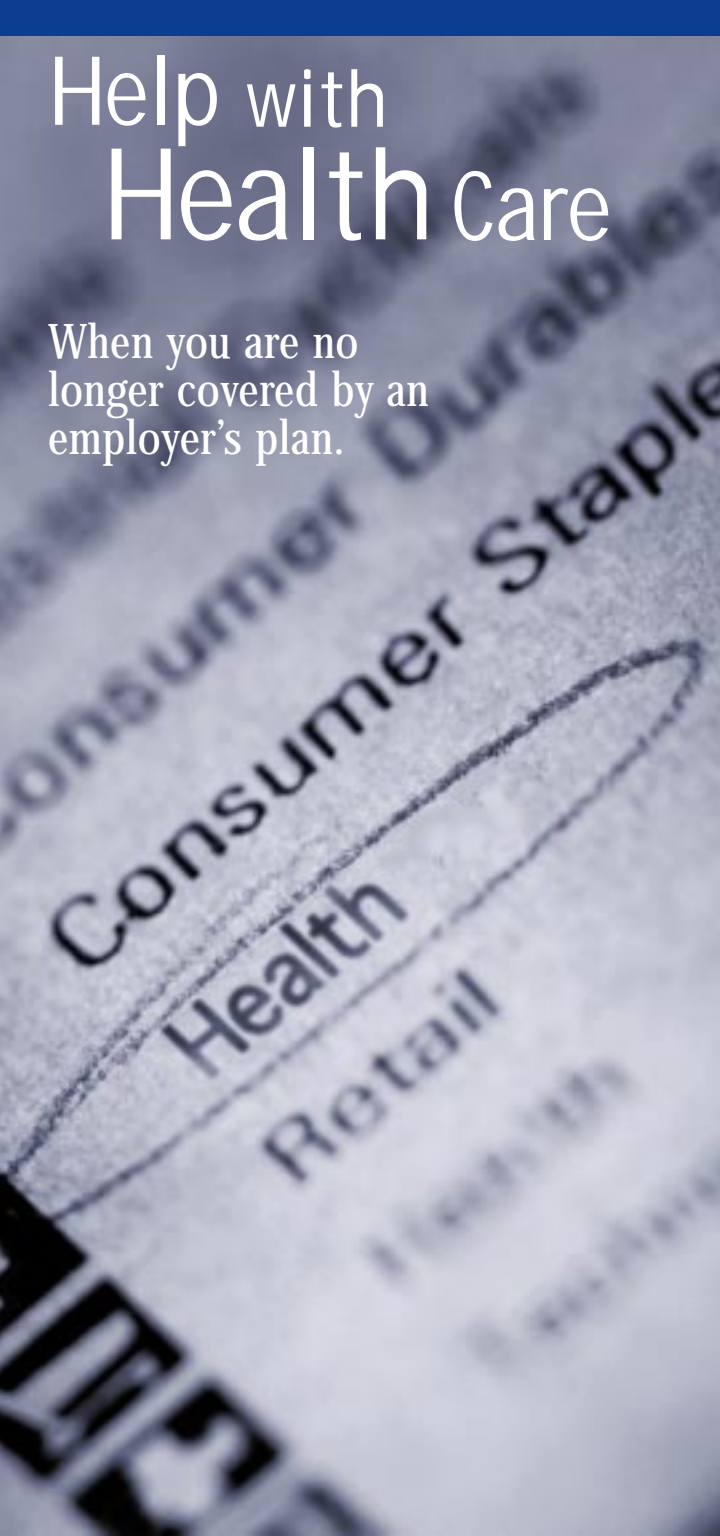


Blue Cross  
Blue Shield  
Blue Care Network  
of Michigan

Nonprofit corporations and independent licensees  
of the Blue Cross and Blue Shield Association

# Help with Health Care

When you are no longer covered by an employer's plan.



## Healthy Kids/Pregnant Women

A comprehensive health plan for children under age 19 and pregnant women. There are no payments required, however there are some income criteria.

(888) 988-6300

## MiChild/Pregnant Women

Provides basic health coverage and preventive services to uninsured Michigan children and pregnant women who do not qualify for Medicaid for \$5.00 per month.

(800) 543-7765

## Medicaid

The State of Michigan provides medical assistance through Medicaid and the State Medical Program (SMP). To qualify you must meet eligibility standards related to income, family size, and other criteria. Contact your local health department or Family Independence Agency (FIA) to determine your eligibility.

### **Alger County FIA**

(906) 387-4440

### **Alcona County FIA**

(989) 354-7200

### **Alpena County FIA**

(989) 354-7200

### **Antrim County FIA**

(231) 533-8664

### **Baraga County FIA**

(906) 353-4700

### **Benzine County FIA**

(231) 882-4443

### **Charlevoix County FIA**

(231) 547-4471

### **Cheboygan County FIA**

(231) 627-8500

### **Chippewa County FIA**

(906) 632-3376

### **Crawford County FIA**

(989) 348-7691

(Medicaid, continued)

**Delta County FIA**

(906) 786-5394

**Dickinson County FIA**

(906) 774-1484

**Emmet County FIA**

(231) 348-1600

**Gogebic County FIA**

(906) 663-6200

**Grand Traverse County FIA**

(231) 941-3900

**Houghton County FIA**

(906) 482-0500

**Iosco County FIA**

(989) 362-0300

**Iron County FIA**

(906) 265-9958

**Leelanau County FIA**

(906) 337-3302

**Luce County FIA**

(906) 293-5144

**Mackinac County FIA**

(906) 643-9550

**Manistee County FIA**

(231) 723-8375

**Marquette County FIA**

(906) 228-9691

**Menoninee County FIA**

(906) 863-9965

**Missaukee County FIA**

(231) 779-4500

**Montmorency County FIA**

(989) 785-4218

**Ontonagon County FIA**

(906) 884-4951

**Otesgo County FIA**

(989) 732-1702

(Medicaid, continued)

**Presque Isle County FIA**

(989) 734-2108

**Roscommon County FIA**

(989) 275-5107

**Schoolcraft County FIA**

(906) 341-2114

**Wexford County FIA**

(231) 779-4500

## Veterans Health Care

Provides comprehensive medical services to all military veterans who have served in the United States Armed Forces. The services are either free or require a small co-payment.

(877) 222-8387

## Maternal and Infant Health Advocacy Services

Provides referrals to agencies that assist pregnant women with health insurance, prenatal care, and agencies that provide assistance for women with young children. Please contact your local health department for more information.

## Local Health Departments

They offer a variety of free or low-cost health and social services to resident of their area. These services may include well-child clinics, prenatal care, breast and cervical cancer screening, family planning, immunizations and other related programs. Services and eligibility vary from county to county and in some cases appointments are necessary.

**Alger County Health Department**

(906) 293-5107

**Alpena County Health Department**

(517) 356-4507

**Antrim County Health Department**

(231) 547-6523

**Baraga County Health Department**

(906) 482-7382

**Benzine County Health Department**

(231) 882-4409

(Local Health Departments, continued)

**Charlevoix County Health Department**

(231) 547-6523

**Cheboygan County Health Department**

(517) 356-4507

**Chippewa County Health Department**

(906) 635-1566

**Crawford County Health Department**

(231) 775-9942

**Delta County Health Department**

(906) 786-5394

**Dickinson County Health Department**

(906) 774-1484

**Emmet County Health Department**

(231) 547-6523

**Gobric County Health Department**

(906) 482-7382

**Grand Traverse County Health Department**

(231) 941-3900

**Houghton County Health Department**

(906) 482-7382

**Iron County Health Department**

(906) 265-9958

**Leelanau County Health Department**

(231) 256-6100

**Luce County Health Department**

(906) 293-5144

**Mackinac County Health Department**

(906) 293-5107

**Manistee County Health Department**

(231) 775-9942

**Marquette County Health Department**

(906) 228-9691

**Menoninee County Health Department**

(906) 863-9965

**Missaukee County Health Department**

(231) 775-9942



(Local Health Departments, continued)

**Montmorency County Health Department**

(517) 356-4507

**Ontonagon County Health Department**

(906) 884-4951

**Otesgo County Health Department**

(989) 732-1702

**Presque Isle County Health Department**

(517) 356-4507

**Roscommon County Health Department**

(989) 275-5107

**Schoolcraft County Health Department**

(906) 293-5107

**Wexford County Health Department**

(231) 775-9942

## Planned Parenthood

- Provides reproductive health care including, annual exams, pregnancy testing, and sterilization to women and men.
- Fees are based on a sliding scale.
- There are 26 clinics throughout Michigan.
- Call (800) 230-PLAN to be connected to the clinic nearest you.

## United Way Supported Information and Referral Services

United Way organizations provide information and referral for a variety of health care programs including programs that assist those who cannot pay for prescription medication. There are a number of these programs offered by pharmaceutical companies. For information and referral call your local United Way supported information service.

Tel-Help of United Way Community Services

(800) 887-1107

## Medical Societies

If you do not have your own physician, your local medical or osteopathic society will provide you with names of physicians in your area.

**Marquette-Alger County Medical Society**  
(906) 226-6200

**Michigan Association of Osteopathic Physicians and Surgeons, Inc**  
(Will make referrals for any county located in Michigan.)  
(517) 347-1555 or (800) 657-1556

## Prescriptions

**Elder Prescription Insurance Coverage (EPIC)**  
EPIC is a state program to help low-income senior Michigan residents access prescription drugs. Eligibility requirements include: age 65 or over, not currently receiving Medicaid benefits or private prescription drug insurance, not institutionalized, and a resident of Michigan for at least three months. EPIC will cover most prescription drugs plus insulin, needles, and syringes for diabetics. Seniors can receive information and application materials at the following agencies:

General information: (517) 241-3424

**Alger County**  
Alger County Council on Aging  
(906) 387-2439

**Alpena County**  
Alpena Area Senior Citizens  
(989) 356-3585

**Antrim County**  
Antrim County Council on Aging  
(231) 533-8703

**Baraga County**  
Baragaland Senior Citizen Center, Inc.  
(906) 524-6711

**Benzie County**  
Benzie County Council on Aging  
(231) 325-4851

**Charlevoix County**

Charlevoix County Council on Aging  
(231) 237-0103

**Cheboygan County**

Cheboygan County Council on Aging  
(231) 627-7234

**Chippewa County**

Chippewa - Luce - Mackinac Community Action Agency  
(Chippewa County)  
(906) 632-3363

**Crawford County**

Crawford County Commission on Aging  
(989) 348-7123

**Delta County**

Menominee-Delta-Schoolcraft  
(906) 786-7080

**Dickinson County**

Dickinson-Iron Community Services Agency  
(906) 774-2256

**Emmet County**

Friendship Centers of Emmet County  
(231) 347-3211

**Gobric County**

Gogebic-Ontonagon Community Action Agency  
(906) 932-4200

**Grand Traverse County**

Area Agency on Aging of Northwest Michigan  
(231) 947-8920

Grand Traverse County Council on Aging

(616) 922-4688

**Houghton County**

Baraga-Houghton-Keweenaw  
(906) 482-5528

**Leelanau County**

Leelanau County Council on Aging  
(231) 256-7590



**Luce County**

Chippewa - Luce - Mackinac Community Action Agency  
(Luce County)  
(906) 293-5621

**Mackinac County**

Chippewa - Luce - Mackinac Community Action Agency  
(906) 643-8595

**Manistee County**

Manistee County Council on Aging  
(231) 723-6477

**Marquette County**

Marquette County Council on Aging  
(906) 226-4180

**Missaukee County**

Missaukee County Council on Aging  
(231) 839-7839

**Montmorency County**

Montmorency County Commission on Aging  
(989) 785-2580

**Ontonagon County**

Ontonagon County Council on Aging  
(906) 575-3461

**Otesgo County**

Otesgo County Commission on Aging  
(989) 732-1122

**Presque Isle County**

Presque Isle County Council on Aging  
(989) 766-8191

**Roscommon County**

Roscommon County Commission on Aging  
(989) 366-9168

**Schoolcraft County**

Schoolcraft County Council on Aging  
(906) 341-5923

**Wexford County**

Wexford County Council on Aging  
(231) 775-0133

### **Lilly Answers**

(877) RX-LILLY

- A flat \$12 administrative fee for a 30-day supply of any Lilly retail distributed drugs
- Open to Medicare enrolled seniors and people with disabilities without any other prescription coverage that meet income guidelines

### **Pfizer ShareCard**

(800) 717-6005

- \$15 Pfizer prescriptions if you are enrolled in Medicare, have no prescription drug coverage and you meet income requirements

### **Prescription Drug and Patient Assistance Programs**

To make it easier for physicians to identify prescription programs available for needy patients, member companies of the Pharmaceutical Research and Manufacturers of America (PhRMA) created a directory listing programs that provide drugs to physicians whose patients could not otherwise afford them. The programs are listed alphabetically by company. Under the entry for each program is information about how to make a request for assistance, what medications are covered and basic eligibility criteria.

[www.phrma.org](http://www.phrma.org) or [www.needymeds.org](http://www.needymeds.org)

(202) 835-3400

## **Other Prescription Programs**

### **Hemophilia Foundation of Michigan**

117 North First Street, Suite 40

Ann Arbor, MI 48104

(734) 761-2535 or (800) 482-3041

- Will help cover medications for adults and children who have Hemophilia

### **Michigan Lupus Foundation**

26507 Harper Avenue

St. Clair Shores, MI 48081

(810) 775-8310

- Provides one-time, emergency assistance for people diagnosed with Lupus

**Michigan Parkinson Foundation**

30161 Southfield Road

Southfield, MI

(248) 433-1011 or (800) 852-9781

**Myasthenia Gravis Association**

17117 W. Nine Mile Road

Southfield, MI 48075

(248) 423-9700

- Provides mail order medication for the drugs Mestinon and Prednisone for persons with diagnosis of Myasthenia Gravis

**National Kidney Foundation**

2350 South Huron Parkway

Ann Arbor, MI 48104

(800) 482-1455

- Clients must be pre-dialysis, transplant or diagnosed with kidney disease to be eligible for medication

## Free or Low-Cost Clinics

The following is a list of community based sources for obtaining free or reduced-cost medical assistance. These resources can provide immediate assistance to eligible clients in need. Since funding availability to these agencies can change greatly, services can vary by the month. It is always important to call first.

**Alcona Health Center**

Alpena General Hospital

177 North Barlow Rd.

Lincoln, MI 48742

(989) 736-8157

- Migrant clinic

**Bay Mills Tribal Health Clinic**

12124 Lakeshore Dr.

Brimley, MI 49715

(906) 248-5527

- Primary care and dental, prenatal care/ sliding scale
- Services available to Native Americans and open to the public



**Child and Family Services**

3785 Veterans Drive  
Traverse City, MI 49684  
(231) 946-2104

- Provides free pregnancy testing and counseling
- Serves the following counties: Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Mason, Missaukee, Roscommon and Wexford

**Community Health Clinic**

810 South Garfield  
Traverse City, MI 49686  
(231) 935-0668

- Primary care and women's clinic, pregnancy tests and HIV testing
- No fee if unable to pay (donation only)

**East Jordan Family Health Center**

61 Bridge St.  
East Jordan, MI 49727  
(231) 536-2206

- Migrant clinic

**Escanaba Tribal Health Center**

807 Ludington Rd.  
Escanaba, MI 49829  
(906) 786-9211

- Home visits and monthly wellness clinics
- Open members of a United States federally recognized tribe

**Family Care Doctors**

1414 West Fair Avenue  
Marquette, MI 49855  
(906) 225-3864

- Primary care to low-income individuals
- Sliding scale fees

**Lake Wood Medical Associates**

5087 U.S. 41 South  
Marquette, MI 49855  
(906) 249-5589

- Primary care to low-income individuals
- Sliding scale fees

**Lambert Center Tribal Health**

225 Wa Seh Drive  
St. Ignace, MI 49781  
(906) 643-8689

- Health care, vision, dental, traditional medicine
- Services available to Native Americans

**Marquette Medical Clinic-Escanaba**

2500 7th Avenue  
Escanaba, MI 49829  
(906) 786-2172

- Primary care including lab and X-ray services to low-income individuals
- Sliding scale fees

**Marquette Medical Clinic-Iron River**

1500 West Ice Lake Road  
Iron River, MI 49935  
(906) 265-5378

- Primary care to low-income individuals
- Sliding scale fees

**Marquette Medical Clinic-Kingsford**

800 East Boulevard  
Kingsford, MI 49802  
(906) 774-4000

- Primary care to low-income individuals
- Sliding scale fees

**North Shore Internal Medicine**

2420 First Avenue South  
Escanaba, MI 49829  
(906) 786-1563

- Primary care to low-income individuals
- Sliding scale fees

**Sault Tribe of Chippewa Indians (Tribal Health Center)**

2846 Ashmun Street  
Sault St. Marie, MI 49783  
(906) 632-5200

- Provides medical, optical, dental, mental health and elder care services
- Open members of a United States federally recognized tribe

**Tribal Health Clinic**

2864 Ashmun Street  
Sault St. Marie, MI 49783  
(906) 632-5230

- Family medical care, some specialists on staff
- Available to Native Americans in Chippewa, Alger, Schoolcraft, Delta, Luce, Mackinaw, and Marquette counties

## Mental Health Services

The community mental health (CMH) boards in each county offer assistance to persons with developmental disabilities and to persons with emotional or psychiatric disorders. Payment for services is based on each person's ability to pay. The boards should be contacted to determine what mental health services they provide.

**Alcona County CMH**

(989) 356-2161

**Alger County CMH**

(906) 225-7201

**Alpena County CMH**

(989) 356-2161

**Antrim County CMH**

(231) 533-8619

**Baraga County CMH**

(906) 482-9400

**Benzie County CMH**

(231) 723-6516

**Charlevoix County CMH**

(231) 347-7890

**Cheboygan County CMH**

(231) 347-7890

**Chippewa County CMH**

(906) 341-2144

**Crawford County CMH**

(231) 876-3200

**Delta County CMH**

(906) 225-7201

**Dickinson County CMH**

(906) 774-0522

**Emmet County CMH**

(231) 347-7890

**Gogebic County CMH**

(906) 229-6100

**Grand Traverse County CMH**

(231) 922-4850

**Houghton County CMH**

(906) 482-9400

**Iosco County CMH**

(989) 362-8636

**Iron County CMH**

(906) 774-0522

**Leelanau County CMH**

(231) 922-4850

**Luce County CMH**

(906) 225-7201

**Mackinac County CMH**

(906) 341-2144

**Manistee County CMH**

(231) 723-6516

**Marquette County CMH**

(906) 225-7201

**Missaukee County CMH**

(231) 876-3200

**Montmorency County CMH**

(989) 356-2161

**Ontonagon County CMH**

(906) 482-9400

**Otesgo County CMH**

(231) 347-7890

**Presque Isle County CMH**

(989) 356-2161

**Roscommon County CMH**

(231) 876-3200

**Schoolcraft County CMH**

(906) 341-2144

**Wexford County CMH**

(231) 876-3200

**Michigan Department of Public Health Center for Substance Abuse Services—Access, Assessment, and Referral (AAR)**

These agencies, located throughout the state, refer individuals in need of substance abuse treatment to an appropriate residential or outpatient program. Substance abusers who also need specialized services such as perinatal care or those who are high risk for diseases such as HIV/AIDS or tuberculosis are referred for additional support services. For more information, call the AAR agency in your area.

**Northern Michigan Substance Abuse Services, Inc.**

Serving the following counties:

Alcona, Alpena, Antrim, Arenac, Benzie, Charlevoix, Cheboygan, Clare, Crawford, Emmet, Gladwin, Grand Traverse, Iosco, Isabella, Kalkaska, Lake, Leelanau, Manistee, Mason, Mecosta, Midland, Missaukee, Montmorency, Oceana, Ogemaw, Osceola, Oscoda, Otsego, Presque Isle, Roscommon, and Wexford  
(517) 732-0864 or (800) 686-0749

**Pathways Coordinating Agency**

Serving the following counties:

Alger, Chippewa, Delta, Luce, Mackinac, Marquette, Menominee, and Schoolcraft  
(906) 228-3468 or (800) 305-6564

## Dental and Vision Services

**Dental Demonstration Project**

2479 Woodlake Circle, Suite 300

Okemos, MI 48864

(888) 826-6565

- Provides reimbursement for preventive and restorative dental services through participating providers
- Eligibility limited to: HIV+, applied to Medicaid, 200% below federal poverty guidelines, Michigan resident

**Tribal Health Clinic—Dental Program**

2864 Ashmun St.

Sault St. Marie, MI 49783

(906) 632-5230

- Dental care
- Available to Native Americans in Chippewa, Alger, Schoolcraft, Delta, Luce, Mackinaw, and Marquette counties

**Sterling Area Dental Center**

4095 Rifle River Trail

Alger, MI 48610

(989) 873-5152

- Sliding scale fees
- General dentistry

## Special Programs

**AIDS Hotline**

(800) 872-AIDS (872-2437), (734) 727-7124

(800) 750-TEEN (750-8336)

**Children's Leukemia Foundation**

29777 Telegraph Road, Suite 1651

Southfield, MI 48034

(248) 353-8222

**Ministry with the Aging**

211 Cedar

Gladwin, MI 48624

(517) 426-9943

- Transportation to medical appointments and friendly visits
- No fee/ recommended contribution

**Poison Control**

(800) 764-7661

**Michigan Department of Community Health Breast and Cervical Cancer Screening**

(800) 922-6266

- Free screenings for women over 40 years of age who are low to moderate income and belong to an HMO

**The Greater Detroit Area Health Council, Inc.**  
is a community service coalition of  
more than 100 organizations dedicated  
to ensure that all residents of Southeast Michigan  
have access to high-quality, affordable health care.



333 W. Fort Street  
Suite 1500  
Detroit, Michigan 48226  
Phone: (313) 963-4990



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**United Way**

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