

Vol. I

Inside Michigan Lacrosse

Feb. 1, 2010

2010 SEASON UNDERWAY

The Wolverines have begun the 2010 spring season, practicing four days per week in preparation for their first exhibition game vs. Adrian Sunday, Feb. 2.

PRACTICE SCHEDULE

Day	Time
Sunday	7:00 - 9:00 PM
Tuesday	11:00 PM - 1:30 AM
Thursday	7:30 - 9:30 PM
Friday	3 - 4 PM (film/workout)

FEBRUARY SCHEDULE

Michigan will play six games in February, including one exhibition game. Last season the Wolverines went 5-2 in February including the exhibition win. All-time, Michigan is 22-10 in the month of February

Date	Opp.	Location	Time
2/7	Adrian	Ann Arbor	1:30
2/12-14	Santa Barbara Shootout	Santa Barbara, Calif.	TBA
2/21	Toledo	Ann Arbor	2:30

WOLVERINES TO HOLD CLINIC

Michigan will host its annual clinic for youth ranging from middle school to high school ability levels at Oosterbaan Fieldhouse Sunday, Feb. 2. Following the clinic, the Wolverines will face off against Adrian College, a NCAA Division III program in an exhibition game. Last season, Michigan defeated Adrian 8-7.

CALIFORNIA BOUND

Michigan will kickoff its 2010 competition schedule with a trip to Santa Barbara, Calif. to participate in the Santa Barbara Shootout. The schedule for this tournament has yet to be released but the Wolverines expect to compete against some of the top California club teams in the WDIA. Last year Michigan went 2-2 in the tournament, defeating #4 UCSB and #9 UCLA while falling to #3 Cal Poly and #2 Colorado. All four games were decided by just one goal.



Michigan will begin its quest to return to Nationals in Scottsdale, Ariz. as the season starts with a tough trip to California for the Santa Barbara Shootout.

CATCHING UP WITH: 2009 Alum Micaela Battiste



2009 Alum and All-American midfielder Micaela Battiste is currently living and working in Santiago, Chile

Current city: Santiago, Chile.

Job: Works for COMPARTE (www. comparte.cl) which is a fair trade group where she organizes and researches the market for Fair Trade products in the global market while looking to establish new clients

Lacrosse: Before moving to Santiago, Micaela organized a few lacrosse clinics in the Flint area to give back to the program where she started. Now girls can have 2-3 years of experience before starting high school which is considerable growth since the sport wasn't offered in that area until 2002.

COMMENTS, QUESTIONS, CONCERNS?

Contact Stuart Zaas (sezaas@gmail.com) with any suggestions or to unsubscribe.